



KEMPTVILLE & DISTRICT LACROSSE ASSOCIATION

Newsletter November 2006

2007 AGM

Our Annual General Meeting was held on Monday October 16 at the North Grenville District High School in the gym, and was open to all executives, coaches, team volunteers and the public.

Turn out was very low, and a number of positions for the 2007 season are available.

2007 Executive

Our dedicated 2006 executive committee has stepped up and accepted positions for the 2007 season.

Going into the 2007 season, there are several positions that will be available. We are currently looking for a Ways and Means executor, an Advertising and Promotions executor, a Referee in Chief, and an Equipment Manager. Please visit the Governance section of our web page for positions available.

A thank you

The KDLA would like to thank Dave Lennie for his dedication to lacrosse in Kemptville for the last 6 years. Dave has been a PeeWee, Bantam, Midget and Intermediate coach and has been the KDLA Equipment Manager for the last 3 years. He is taking a year off. But hopefully we will see him coming back next year.

2007 Volunteers

Having committed volunteers is the heart of any sporting organization, and our KDLA volunteers are no exception. We would like to thank all of our past volunteers, and ask that your continued help would be appreciated. If you have not in the past volunteered for a team but would like to, visit our Volunteers web page for positions available. If you would like to volunteer, please contact Wendy Oliver.

2007 Coaches

Tired of sitting on the bench watching your child play? Interested in coaching any of our teams for the 2007 lacrosse season?

We are preparing for next year and have several coaching positions available in the Paperweight to Novice levels. Training will be provided.

2006 Survey / Questionnaire

Please visit our website and take 5 minutes to fill out our 2006 Questionnaire on our webpage. It will help us gauge how our season went and what we can do to make it even better.

Off Season Web page Updates

Although our 2006 season has ended, we will continue to update our web page with lacrosse information inside and outside of our organization.

If there is something lacrosse related that you would like to see on the KDLA web page, send an email to webmaster@kemptvillelacrosse.com

----- cut out and keep for reference -----

2007 Kemptville & District Lacrosse Association Executive

President	Chris Oliver	oliverc@nortel.com	613-258-3994
Vice-President	Jeff Guilmette	ryty@storm.ca	613-258-6543
Secretary	Helen Vokey	shvokey@sympatico.ca	613-258-2728
Treasurer	Rhonda Roantree	rhonda10@sympatico.ca	613-258-2552
Registrar	Wendy Oliver	allofours@gmail.com	613-258-3994
Coach Convenor	Chris Oliver	oliverc@nortel.com	613-258-3994
Competitive Convenor	Jeff Guilmette	ryty@storm.ca	613-258-6543
House Convenor Kemptville	Rob Monkhouse	rob@med2020.ca	613-258-6670
House Convenor Smiths Falls	Kevin Baker	ktbaker@sympatico.ca	613-283-8924
House Convenor Perth	Hubert Evoy	hsevoy@falls.igs.net	613-267-9651
Sponsorship/Fundraising	open (Chris Oliver-standing)	oliverc@nortel.com	613-258-3994
Way/Means	open (Chris Oliver-standing)	oliverc@nortel.com	613-258-3994
Scheduler	Charlie Sadler	csadler@cn-electric.ca	613-258-7586
Equipment	open (Chris Oliver-standing)	oliverc@nortel.com	613-258-3994
Promotions/Advertising	Christine Dillon	dillon.cj@forces.gc.ca	613-258-4332
Referee-in-Chief	OPEN (Charlie Sadler-standing)	csadler@cn-electric.ca	613-258-7586
Grievance Convenor	Christine Dillon	dillon.cj@forces.gc.ca	613-258-4332



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Outstanding Fees

For any players still with outstanding dues, please make a cheque payable to KDLA and mail it to:

KDLA
PO #1937
Kemptville On
Canada
K0G 1J0

NOTE: Please include the player(s) name on the cheque.

You can also pay any outstanding fees for the 2006 season by visiting our web page and pay online via VISA, MasterCard or AMEX.

Please note that if payment for the 2006 season is not made, you will not be able to register for the 2007 season. And may have to go to collections if not paid prior to January 1 2007.

Any members in bad financial standing will have their name forwarded to the OLA, and they will not be able to register with any other OLA association until their outstanding amounts have been paid.

Equipment returns

Any players still in possession of their 2006 jersey, or any lacrosse equipment, (loaner sticks, pads, gloves, etc) they can be returned any time to 746 South Gower Dr Kemptville. It is 1 Km north of Hwy 43 on Regional Road 22.

Free Gym time for practice

During the months of October and November, the KDLA has booked time on Monday nights, from 7:15pm to 9:30pm, at the North Grenville District High School gym, as an open lacrosse night for currently registered KDLA members, from PeeWee to Midget.

All are welcome to come out and throw the ball around, work on your skills, stay in shape, help work out some goalies and have fun.

Come on out ! It's **FREE** !

If we have enough players coming out, we will throw together some scrimmage games on those nights as well.

We will also be having "non-members" invitational nights, where a non-currently registered player (2006 season) can bring out a friend that may be interested in playing. A waiver will have to be signed by their parent/guardian. (Will be posted shortly with the nights for the invitational).

Helmet and gloves are recommended.

For more information, contact Chris @ 613-258-3994 or Jeff @ 613-258-6543.

Messages

We've attached 3 lacrosse messages to our newsletter this month.

1. Carleton University is recruiting for their 2007-2008 lacrosse season.
2. The Toronto Rock is providing us with discount prices on games.
3. A lacrosse skills competition is being held on the 25 of November.

2007 Programs and Registration

The KDLA will continue in the 2007 season with our Winter Program, House League and Competitive teams.

Registration will be available online in January (instead of the previous date of November), or in person at the start of our Winter Program.

For the 2007 season we will be introducing the option of registering and PAYING online. From the comfort of your home or office 24/7/365, register your player and pay. Payments can be post dated to the start of the playing season or divided up over several pay periods.

2007 High School Volunteers

In past seasons we've had High School students volunteer in our program, whose time was used toward their mandatory 40 hours of community service prior to Graduation. We would like to encourage any student that would like to volunteer for the 2007 season to contact Wendy Oliver.

2007 Sponsorships

If you, your business, or a business you know would like to sponsor one of our programs or teams, visit our web page for more information

Mailing List

If you would like to discontinue receiving this newsletter, send an email to

newsletter@kemptvillelacrosse.com



Ravens Lacrosse Club

Consider Carleton University for Academics and Lacrosse

Club Mission Statement: *"It is the mission of the Club to promote excellence in athletics, academics and sportsmanship within the local and university communities through Canada's official, national summer sport, Lacrosse."*

Introduction: The Carleton University Ravens Lacrosse Club was formed in 1986 to play in the first Ontario University Field Lacrosse Association spring tournament at McMaster University in Hamilton, Ontario. Greg Kent, a founding member of Ravens Lacrosse brought with him a Mann Cup ring (Brooklyn Redmen), and a World Cup Silver Medal as a member of Canada's National Team. Alumni also include players who went on to professional lacrosse in the NLL: Jason Tasse (Ottawa Rebel), Shaydon Santos (San Jose Sting), and Kevin Dostie (Calgary Roughnecks and Buffalo Bandits). Others too numerous to mention have played Junior, Senior, and Major League Lacrosse.

The Ravens compete in the Canadian University Field Lacrosse Association (www.cufla.org) which is comprised of 10 teams from Ontario and Quebec with 2 new teams joining the league in 2006. We also play exhibition games with teams in the Maritime University Field Lacrosse League (MUFL). The Ravens Lacrosse Club has made the playoffs 16 of the last 19 years, winning the Division II Championship McDonald Cup twice and finishing 4th overall in 2000 and 3rd in 2004. Coaching staff was awarded the CUFLA coaching staff of the year for 2004.

Advantages for lacrosse student/athletes studying at Carleton University

- **Education** - nationally recognized Programs
- **Development**- foster player development by dedicated coaching staff
- **Assistance** - \$11 million in 2006 to scholarships and bursaries; the highest of any comprehensive university in Canada
- **Facilities**- year round training in state of the art Fieldhouse, Icehouse, weight room; fitness centre; triple gymnasium; Olympic pool; squash and tennis courts
- **Employment** – assistance for qualified players in finding part time jobs through the Athletics Department and our Alumni
- **Marketing** – promoting team and player accomplishments to the local media
- **Support** - significant support from the local lacrosse community
- **Practice time**, off season– sponsor Winter Lacrosse League Friday nights in Fieldhouse; January to April team practice once a week in Fieldhouse; club hockey team plays in intramural league



Club Schedule

Our preseason begins with a training camp one week before classes begin, followed by our annual September Alumni weekend tournament. During our regular season, the team practices 3 evenings per week with games on weekends. The regular season starts in September and concludes with the Baggattaway Cup championship tournament in early November. The Club then organizes our year-end banquet, where we recognize the outstanding players on the team. From Mid November to March the team hosts a non-contact league, Friday nights in the Fieldhouse.

For further information on the Ravens Lacrosse Club, including team roster, games statistics, and coaches' bios please visit the Canadian University Field Lacrosse Association at www.cufla.org or http://www.carleton.ca/athletics/sports/cct/m_lacrosse.html

For a Recruitment Package contact:
George Cameron, Club Vice President
(613) 238-5810; email gcamcal@istar.ca
Philip Dubuc, Assistant Coach
email pdubuc@rogers.com



The Toronto Rock Lacrosse Club would like to invite you to join us this weekend at the 2006 OLA Annual General Meetings, in Niagara Falls, for an evening social at the Sheraton Fallsview on Friday, November 10th, 2006. The social will be held in the Oakes Room North and will begin at 9:00 PM and wrap up at 12:00 AM. Please make sure to stop by our booth to sign up to win a number of prizes and collect important information about our upcoming season and specials we are offering to all OLA members. For more information on promotions the Rock will be running specially for OLA members please visit our newly created OLA section at www.torontorock.com/ola. This site will outline are current promotions and offers to all OLA members.

The Toronto Rock is pleased to be a partner with the Ontario Lacrosse Association again this season. As part of our partnership the Toronto Rock is pleased to offer you, as an OLA member, a number of opportunities to come out and watch your Toronto Rock for less.

NIGHT OF CHAMPIONS

The Toronto Rock will again be hosting our annual Night of Champions where we honor the OLA's provincial championship teams. For more information about the Night of Champions please goto <http://www.torontorock.com/OLA/noc.php>

SEASON TICKET DISCOUNT

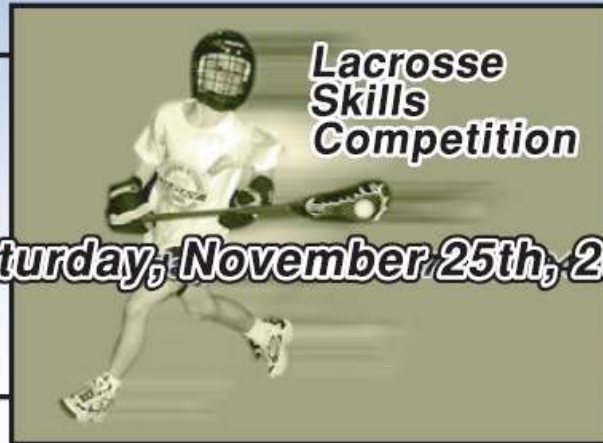
The Toronto Rock is also pleased to offer you a tremendous discount on our season tickets. To take advantage of this offer please goto <http://www.torontorock.com/OLA/season.php>





POWLESS LACROSSE STORE

is pleased to invite all players to participate in the



Part of Canadian Aboriginal Festival
Rogers Centre in Toronto, Ontario

GREAT PRIZES!

Sportswear, NLL tickets, Lacrosse Sticks and Equipment
& so much more!

SPECIAL DIVISION FOR GOALIES!
SPECIAL DIVISION FOR U15 GIRL FIELD LACROSSE!
TYKE * NOVICE * PEEWEE * BANTAM * MIDGET

NEW TRICK STICK KING COMPETITION
OPEN EVENT FOR PEEWEE, BANTAM & MIDGETS

REGISTRATION FORMS WILL BE AVAILABLE AT THE
POWLESS LACROSSE STORE
Phone: (905) 768-9199 Fax: (905) 768-9518
Email: shelzlax@hotmail.com



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